



RELAX, REST, RENEW WITH SUNRIDER

Relaxation and restful sleep come naturally with Sunrider

A great day starts with a good night's sleep. After all, getting adequate rest isn't a luxury; it's a vital aspect of a healthy lifestyle. Trust our soothing selection of natural products to help you relax, sleep well, and wake up feeling refreshed and ready to take on the day.



Ese®

dianawalker.com/sleep-and-sunrider

Our calming formula works wonders on anxiety and sleeplessness.* Soothing herbs like valerian root allay stress while gou teng supports the immune, digestive, and circulatory systems.* Ese® doesn't cause drowsiness, so you can also use it during the day to feel calm, composed, and focused.



Joi®

Live life in balance. Our pure botanical blend of Siberian ginseng, Chinese mint leaf, and other prized herbs promotes a positive state of mind and emotional well-being.* This in turn helps ease muscle tension, a benefit enhanced by the pain-relieving properties of white willow bark and Japanese honeysuckle.*



Calli® Night



**Sunrider Leader
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Sip your way to sweet dreams. Our soothing herbal beverage relaxes the body and the mind with a special blend of passion flower, camellia leaf, and other calming herbs. Have a warm cup before bedtime to promote a restful sleep or drink it during the day to melt away stress.



SunBreeze® Oil

Massage our unique blend of botanicals and essential oils into sore, tired muscles and stiff, achy joints for fast relief. Cassia oil supports circulation while cooling eucalyptus oil and warming mint extract refresh and soothe. Use it before bedtime to relax and unwind.